



FAMILY CONVERSATIONS FOR THE FUTURE

This tool provides guidance for families to have conversations about students' plans after high school.

It was co-created with a small group of parents and students representing various ethnicities and languages.

Each stop in the student's journey focuses on a different topic, including their interests, who can help them, and steps they can take to achieve their dreams.

Families can choose the pace of the conversation and take time in between topics to think and explore.





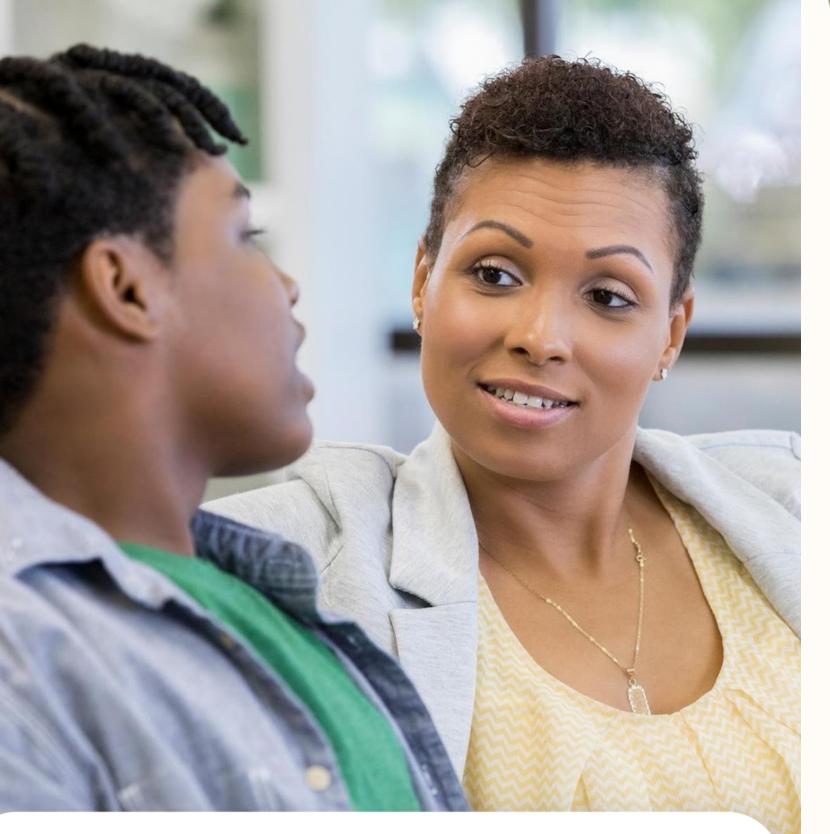
- 1 How to start the conversation
- 2 Connecting student interests to careers

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- **3 Exploring relationships**
- 4 Planning for the future
- 5 What path will you take?



How to start the conversation



Instructions: Parents: Use these ideas to start a conversation about your student's future.

HOW TO START THE CONVERSATION

- Focus on your student's DREAMS
- ENCOURAGE new experiences
- BE CURIOUS! ASK QUESTIONS!
- KEEP IT SIMPLE Allow time for them to THINK
- TRUST their ideas



Volunteering

CULTURE

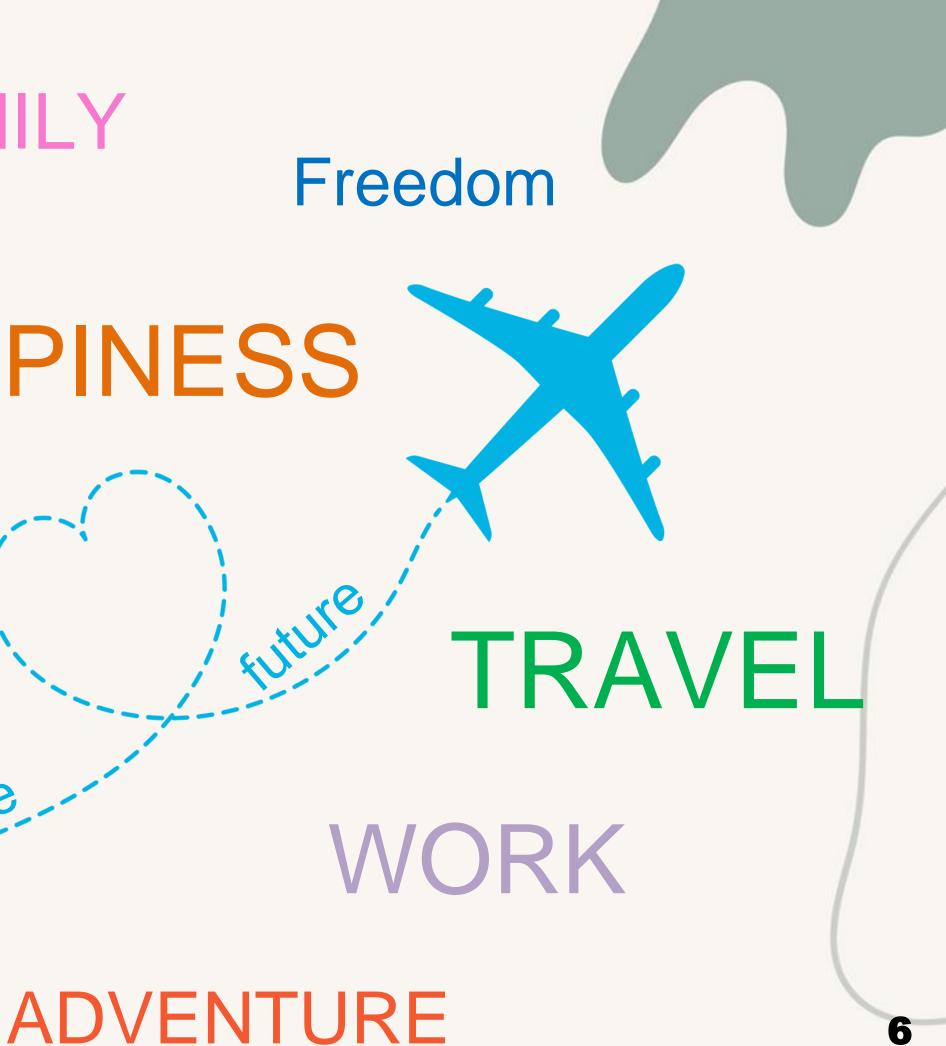
HOME

HAPPINESS

FAITH

Instructions:

ASK: Which values would you choose? What would you add that is important to you?





Now that you know what your student values, ASK:

What do you like to do? Why?

Where do you spend most of your time?

Instructions:

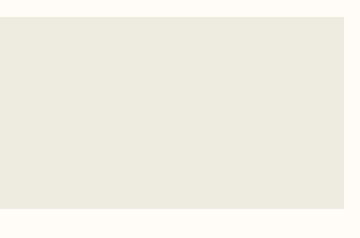
Now that you have talked to your student(s) about what they value, keep track of your conversation by writing down their answers to these questions.

Starting the Conversation:

What do you like to do? How do you spend your time?







Connecting student interests to careers

HOW TO TURN YOUR INTERESTS INTO A CAREER



Example 1:

Instructions:

Parents - These next four slides are about how to connect their interests to possible careers and jobs.

Sales





Journalist

Love to communicate

- Writer
- Public Relations

Radio Talkshow Host

Digital Advertising

What kind of careers do you think are best for you?

What kind of careers do you think are best for you?

Nurse

Therapist

Example 2: **Caring for** People

- School Counselor
- Childcare Provider

Teacher

Social Worker





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What kind of careers do you think are best for you?



Art Teacher

Example 3:

Making Art

Architect

- Graphic Designer
 - Animator
 - Photographer

Fashion Designer



What kind of careers do you think are best for you?

+X:=

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Problem Solver

Engineer

Physicist

Math Teacher

Example 4:

Accountant

Computer Programmer

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Instructions: Keep track of your conversation by writing down their interests and careers connected to them.

Connecting Student Interests to Careers:

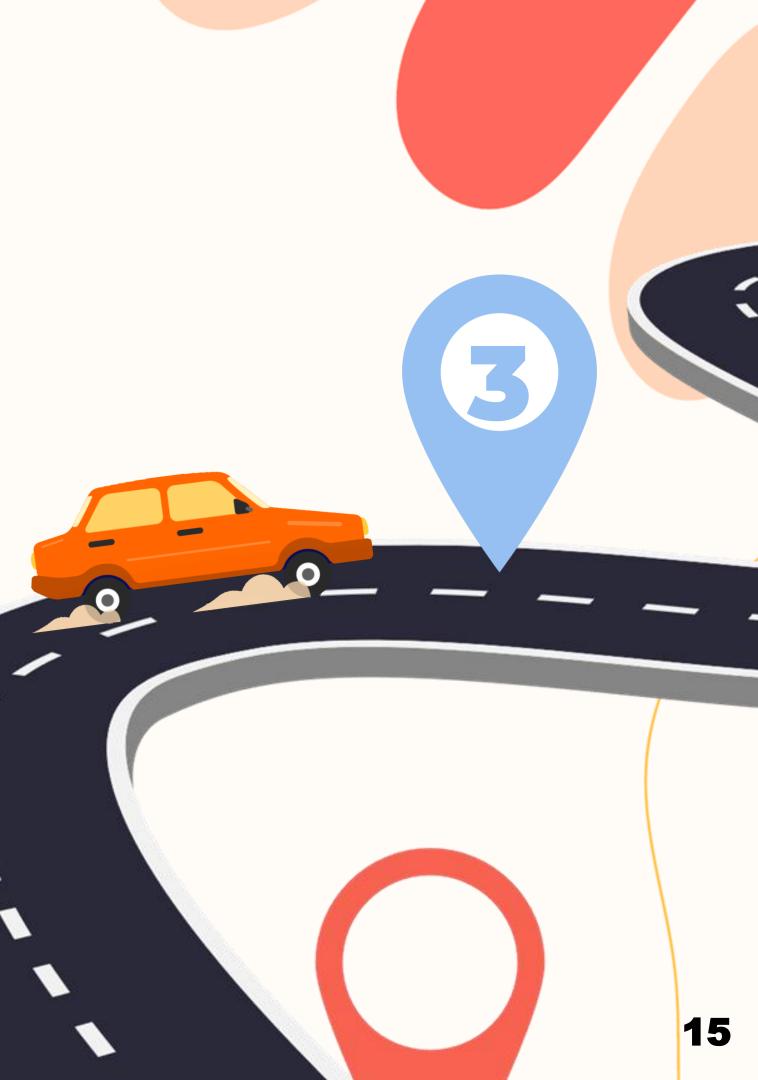
Interests

Don't forget to go back to the slides in each section to guide you.



Careers connected to these interests

Exploring relationships





TALK TO THE PEOPLE IN YOUR LIFE

- Who do you text, email, or call if you need help?
 - Who supports you?
 - Instructions:
 - Help your student think about
 - who in their life can help them.

Instructions:

Encourage your student to talk to others about their jobs.

Are you happy at your job? Why?

What would you change about your job?

What skills are important for your type of work?



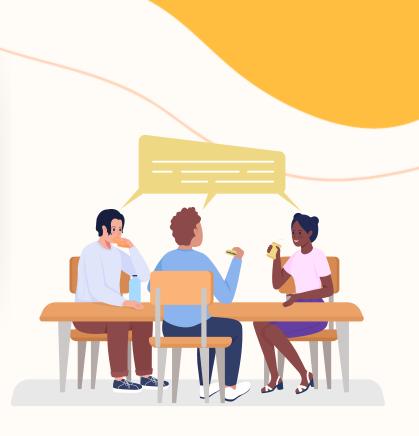
Instructions:

Keep track of your conversation by writing down the names and roles of those in their network. Encourage them to have conversations with them about their jobs and use the second box to write down what they learned.

Exploring Relationships:

Who supports you? Ex: Family, teachers, faith, community, etc. Ask them about their jobs - what do they like about it? What would they change?

Don't forget to go back to the slides in each section to guide you.





IMAGINE YOURSELF IN 5 YEARS? 10 YEARS

Family – Are you planning to have a family?

Home – Where do you live?

Work – What do you do for work?

<u>Free Time</u> – What do you do for fun?

Instructions:

ASK: Envision your future, what does your life look like?



PAYING FOR YOUR LIVING EXPENSES



Instructions:

ASK: Do you know what it will cost to have the future you want? How do you pick where you want to live?

What it costs for Family of 2 in King County (WA)

\$109,434 per year

\$9,119

per month

- Housing: \$1,952/month
- C Food: \$964/month
- Rechild care: \$1,841/month
- Transportation: \$1,246/month
- C Health care: \$1,035/month
- Other necessities:
- \$1,057/month
- C Taxes: \$1,025/month

What it costs for Family of 2

in San Francisco County (CA)

\$148,624

per year

\$12,385 per month

☆ Housing: \$3,275/month
づ Food: \$1,197/month
※ Child care: \$1,692/month
☆ Transportation: \$892/month
☆ Health care: \$1,493/month
◊ Other necessities:
\$1,620/month
☆ Taxes: \$2,216/month

Scan the QR Code to Explore



What it costs for Family of 2 in Bronx County (NY)



per year



- ☆ Housing: \$1,675/month
- C Food: \$839/month
- Representation of the second s
- Transportation: \$538/month
- C Health care: \$1,518/month
- Other necessities: \$911/month
- Caxes: \$1,465/month

PAYING FOR YOUR FUTURE

Instructions:

Talk to your student about what salary they can earn based on their education choices.



Bachelor's (4yrs +) \$75,700 Example Jobs:

- Engineering
- Pharmacist
- Architect



Associate's (2yrs +) \$49,700

- Dental Hygienist
- Medical Assistant
- Paralegal



HS Diploma \$44,700

- Taxi Driver
- Restaurant Cook
- Delivery Truck Driver

Instructions:

It is important for students to understand the financial connection to their desired careers. Keep track of their learning by filling out each box. Example:

Career of interest: Medical Assistant Annual Income: \$40,000/year Education requirements: 2-year degree

Planning for the Future

Careers of Interest

Possible Annual Income

Don't forget to go back to the slides in each section to guide you.



Educational Requirements (2yr/4yr Degree, Certification)



<u>Instructions:</u>

Tell your student ...

Many people think the path to success is a straight line. But often it looks like this:



It's ok to try new things, it's all valuable experience. You will get there.

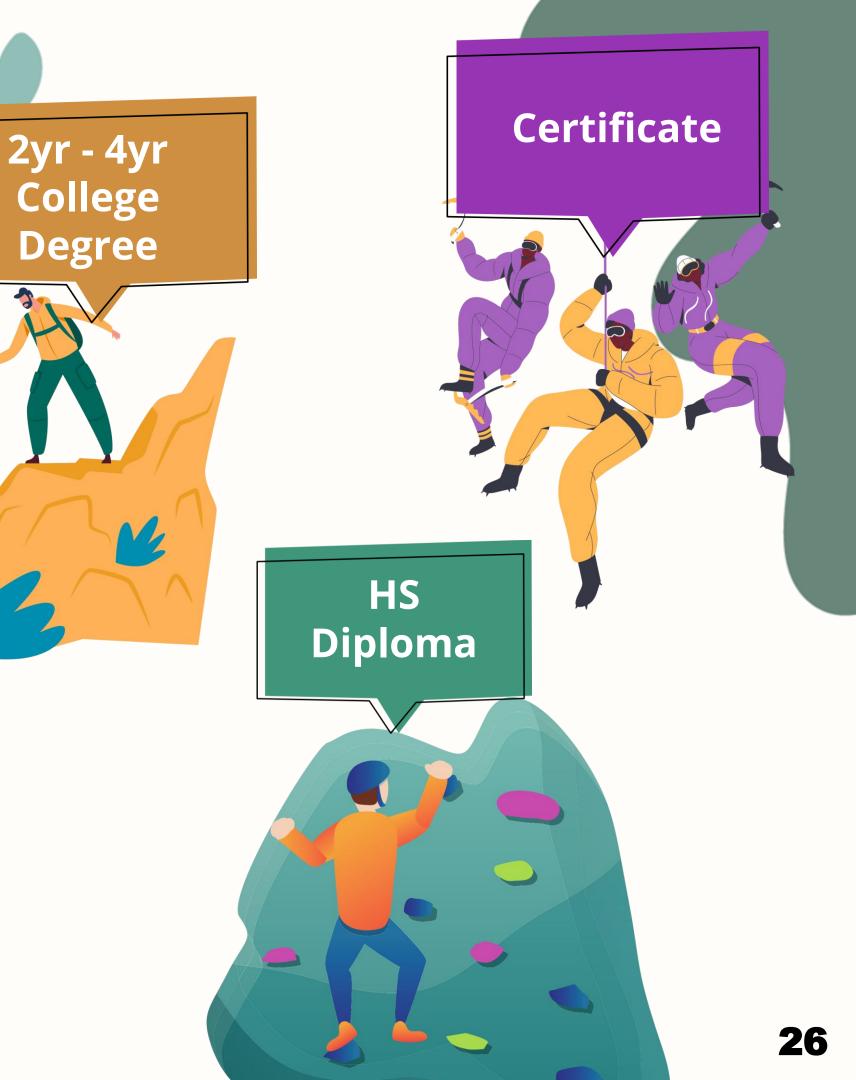


Now that you know what you want, what are your options?

Instructions:

Talk to your student about

their educational choices.



Next steps after high school

Instructions:

Let's talk about what you will need to make

an education and career action plan.



you need?



How much will

it cost?

Who can help while you're in high school?

> What else do you need to get started?













Once you're there, how do you find support?













Instructions:

Now that your student has thought about what path they might take, help them put together a plan of action.

What Path Will You Take? Next Steps After High School:

Who can help you?

What info do you need?





How much will it cost?

Ready Washington is deeply grateful to the parents and students who contributed their time, experiences, and insights to this project. The group reviewed the tool multiple times and provided feedback about the text and visuals based on their lived expertise.



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READY WA FAMILY CONVERSATIONS ABOUT THE FUTURE PLANNING WORKSHEET

Instructions: PARENTS - Use this worksheet with your student(s) to keep track of their progress and needs.

1	4
	1

Starting the Conversation:

What do you like to do? How do you spend your time?



Connecting Student Interests to Careers:

Interests

Careers connected to these interests



Exploring Relationships:

Planning for the Future:

Careers of Interest

Who supports you? Ex: Family, teachers, faith, community, etc. Ask them about their jobs - what do they like about it? What would they change?

Possible Annual Income

Educational Requirements (2yr/4yr Degree, Certification)



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What Path Will You Take? Next Steps After High School:

Who can help you?

What info do you need?

How much will it cost?

Student Name:











